APRON MEASUREMENTS

CHEST MEASUREMENT



Measure around the largest circumference of the bust area, keeping the tape parallel to the floor with the client's arms at their sides.

WAIST MEASUREMENT



Measure around the smallest circumference of the torso. If you measure at waist level it may be inaccurate.

HIP MEASUREMENT



Measure around the largest circumference of the hips and buttocks with the tape parallel to the floor: generally 8–9 inches down from the waist.

SKIRT LENGTH MEASUREMENT



Measure from the top of the pant line (waist) and over the outside of the hip down to the desired length.

FRONT LENGTH MEASUREMENT



Measure from the top of the shoulder over the bust to the desired length. Do not contour the tape measure in under the bust.

VEST LENGTH MEASUREMENT



Measure from the top of the shoulder over the bust to the desired length. Do not contour the tape measure under the bust.



APEX ADJUSTMENT

Measure from the top of the shoulder (towards the neck) over the bust to the nipple. The apex measurement determines whether adjustments need to be made to the shoulder area. This helps to avoid shoulder gapping or tight arm holes in your apron. For example, a male large height of 5'10" may be fitted into a 3X due to their measurements. This would likely result in excessive shoulder material. Therefore, an apex adjustment of -1" would be applied.