## EYEWEAR FRAME SIZING

EXAMPLE FRAME SIZE: 55-17-140*

- 55 = "A" (Lens size)
- 17 = "B" (Bridge size)
- $140=$ "C" (Temple size).
- *B Measurement not specified = "D" (aka Lens Height)


## LENS SIZE

Horizontally measured from outermost edges of the lens. Approx $40-62 \mathrm{~mm}$.

## BRIDGE SIZE

$B$
Measurement of the distance between two lenses. Approx $14-24 \mathrm{~mm}$.

## TEMPLE SIZE

Measurement of the arm or ear piece.
The length of your frame's temples is important to ensure stability and comfort.

## "B" MEASUREMENT

*For Bifocal and Progressive lenses, a B measurement of at least 25 mm is recommended


